



Safety Guidelines

- Following the recent update of the OFSP recommendation (Federal Health Department) presented in the ordinance 3, Face-to-face education is possible again from April 19th, 2021 for all levels.
- Strict compliance with health standards must be observed. Any breach of these rules will cause the offenders to leave immediately.
- The maximum number of students is **12 per class**, if and when the social distancing measures can be respected (1.5m between each student).
- **Masks are mandatory** for all students and staff, they must be worn at all time within the youth hostel. We ask our students to come with their own mask as we also recommend they wear one during their trip to and from the youth hostel.
- Masks must be changed after 4 hours of wearing. Masks are available at reception if a new one is needed.
- **A minimum of 4 participants per classroom is required** to open a class. **Below 4 participants**, the number of on-site lessons is reduced. In case of 3 participants, the standard course is changed to 3 lessons per day. If 2 students, 2 lessons per day and if we have only 1 student, it is 1 lesson per day.
- **With 4 to 12 students per level**, we are organizing 100% on-site lessons.
- **Social distancing** of 1.5 meters is mandatory everywhere within the youth hostel perimeter.
- We have adapted the **weekly schedule with different starting and breaking times** as needed for each class-level in order to avoid having too many people in the common areas of the youth hostel.
- There may be double runs with afternoon lessons to accommodate the new schedules.
- All students and staff must have the Swiss Covid tracing application.
- Student temperature is checked and recorded every day before the start of the course.
- In case of high temperature, the student is sent back to his room for 48h and is obligated to contact a doctor. The doctor decides if the student needs a medical examination/ PCR test or if it is enough just to remain isolated/quarantined.
- In case of a contact case validated by the Swiss Covid Application, a PCR test or a rapid test must be taken.
- Students are encouraged to take self-tests regularly to ensure they protect themselves, others and prevent the spread of the virus.
- In case of positive COVID-19 testing, the student is asked to stay in a quarantine room for a minimum of 14 days, and we follow the health authorities' directions.
- If students need to quarantine in their room, the youth hostel provides the meals in the room (breakfast, lunch, dinner for 38 CHF or 56 CHF per day). The meals have to be paid directly to the youth hostel.
- Alpadia and youth hostel teams are here to help in case people in isolation feel lonely, anxious or even afraid. The youth hostel is accessible per phone 24/7: +41 43 399 78 00.
- Hand sanitizers are available in each classroom.
- All youth hostel areas and classrooms are cleaned and disinfected daily.
- Classrooms door remain open to allow air circulation and each room is aired for 15 minutes every 75 minutes max.
- Surface disinfectant product is available in each classroom.
- Double room accommodation is not available until further notice; single rooms only.
- The youth hostel organises different activities every week.
- We highly recommend the student to bring a laptop or a tablet with them in case they have to quarantine (this is to follow the online lessons during the quarantine).
- The present Safety Guidelines are known and enforced by every ALPADIA staff present in the school.